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## WQ Virtual Quarterly Meeting Meg Cox

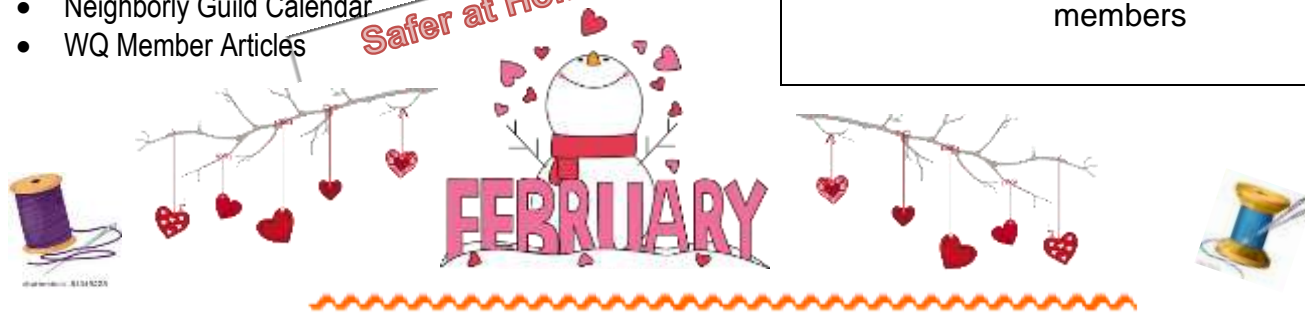
*“Behind the Scenes at the World’s  
Greatest Quilt Museum”*

Saturday, February 6, 2021

10 am to noon (speaker at 11am)

Zoom meeting invitation will be sent to all members

Safer at Home Edition #11



## Upcoming Workshops & More

- **Lilo Bowman** lecture “Adapting for Change, Learning to Adapt to the Changes in Your Life” Friday, **February 5<sup>th</sup>** 11am – 12 noon
- **Meg Cox.** lecture “Presenting: *Behind the Scenes at the World’s Greatest Quilt Museum*” Saturday, **February 6<sup>th</sup>** 10:00 – 12 noon. There will be a brief business meeting before the speaker following our usual format. Please send any show and tell photos to Del Walker so that they can be included in the PowerPoint presentation.
- **Sew-In** Saturday, **February 20<sup>th</sup>** at 10am – 1pm All members will be sent the link to participate in this informal 'sew-in'. Sew from the comfort of your own home, without hauling any sewing supplies. Join us and see what everyone is working on.
- **Happy Hour** Friday, **February 26<sup>th</sup>** 5:00pm – 6:00pm Join us for a casual hour of conversation with your favorite beverage. If you have a quilt that celebrates Valentine’s or is love themed or is red, please bring it to share.
- **2021 Meeting & Workshop Calendar** to be announced soon. WQ Program Co-chairs are awaiting confirmation for the workshops/lectures that will be offered. They don’t like to announce anything until the ink on the contract dries.



## ***PRESIDENT'S MESSAGE***

Lately, I've been using my photography as an inspiration for my art quilts. Whether it's a snapshot of interesting flora or the comical look of my little dog Lola Mia, I continue to find creativity in fabric, paints and thread.

With our "Weekly Updates from WSQ", I find encouraging ideas, techniques and patterns along with amazing tours collections and videos to keep me on my toes...this is truly a valuable contribution for members.

My mountain of scrap fabrics has given me the ambition to create some unusual pieces and also some great practice time.

In these times I hope this finds members enthusiastic to try new techniques, expand your boundaries or think outside the box to let those creative juices flow with the talents we all share.

Stay safe and quilt on!

Marianne Simpson, President  
Westside Quilters Los Angeles



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### **A Message from the WQ President and WQ Vice-President**

Westside Quilters is a quilting forum sharing ideas about the common love of creative endeavors. Of course, as friends do, we also talk about other things as well. When doing so, we need to keep our understanding and appreciation of non-quilting differences or perspectives within boundaries. In order to respect those boundaries and each other, let's leave political opinions and discussions outside of guild activities.

Wishing all WSQ members safe days and the sharing of creative ambitions for 2021 as we continue to gather at our Zoom General Meetings, Workshops, Happy Hours and Sew-Ins.

Marianne Simpson, WSQ President  
Barbara Marom-Pollack, WSQ Vice President





## Lilo Bowman

*Adapting for Change, Learning to Adapt to the Changes in Your Life*

**Friday, February 5<sup>th</sup>  
11am – 12 noon**

**\*\*Zoom will open at 10:30 to give everyone a chance to settle in before the presentation begins\*\***

\$20.00 – please register using the workshop form on the website **BY 5:00pm Wed 2/3**

Change doesn't mean creativity has to come to a screeching halt. Whether it's frequent moves, downsizing or bodily changes, learn easy and clever workarounds to keep the playing going for years to come

[www.lilobowman.com](http://www.lilobowman.com)

### **Lilo Bowman Bio**

Lilo Bowman has worked as a floral designer, translator, tour guide, wedding planner, and is now editor-in-chief of [TheQuiltShow.com](http://TheQuiltShow.com). Her work has been varied, often challenging, but always creative. Since early childhood, she has been instilled with the desire for and love of doing something with your hands, learned by observing the varied and beautiful items crafted by both of her grandmothers. Raised in a German culture, Lilo was always keenly aware of and fascinated with objects (whether utilitarian or decorative) that were attractively displayed while still being orderly.

Food, travel (both as a military wife and tourist), and curiosity about other cultures have also played a large role in shaping Lilo's sense of taste and design and her understanding of how others prioritize the items they choose to have in their homes. Being surrounded by strong, independent, and civic-minded female role models has instilled a sense of "you can do this" and "consider others" along the way.

When not working, Lilo travels, gardens, works on DIY projects with a ragtag bunch of rescue pets nearby, and spends time with her extended, loud, noisy, always food- and travel-talking family.





Westside Quilters presents a virtual Quarterly Meeting with speaker:



**Meg Cox**  
“*Behind the Scenes at the World’s  
Greatest Quilt Museum*”

**Saturday, February 6<sup>th</sup>**  
**10:00 – 12 noon**  
Guest Speaker at 11am

*Zoom invitation link will be sent to ALL WQ members*

Let Meg Cox, who serves on the board of advisors for the International Quilt Museum in Lincoln, Nebraska, open the vaults and reveal the treasures of this astounding place. Her PowerPoint lecture will show you masterpiece quilts, introduce you to curators and break down the steps in mounting an exhibition. IQM boasts a broad and unique collection of American quilts, including the red and white quilts that dazzled the quilt world when hung in Manhattan’s Park Avenue Armory in 2011. But it has also collected quilts from more than 55 countries. Meg created this presentation to benefit the museum she loves, so she charges less than normal for this talk and donates every penny to the IQM. To make it even more fun, the museum will donate a fun door prize from its museum store to your guild.

### **Meg Cox Bio**

Author and quilter Meg Cox is a sought-after speaker and teacher at guilds and museums and a staff writer for Quiltfolk magazine. Her journalism has been published by dozens of national magazines and the Wall Street Journal, where she was a staff reporter for 17 years. A past president of the national nonprofit Quilt Alliance, Cox serves on the advisory board of the International Quilt Museum in Lincoln, Nebraska. She writes a popular free monthly newsletter called Quilt Journalist Tells All! and wrote a bestselling resource guide, The Quilter’s Catalog (Workman Publishing). Cox is also an expert on tradition and has written 4 books on family ritual and celebration. For more, go to [www.megcox.com](http://www.megcox.com).





## Westside Quilters of Los Angeles Workshop

**Laretta Crites**

**Workshop: Quilt Coloring Fun with Laretta Crites  
Saturday, March 6, 2021**

**3 Hour class**

**10:00 A.M. – 1:00 P.M.**

**\$60 fee includes kit**

**(Must register by 2/19 to receive kit)**

Are you up for a new experience and technique?

**Laretta Crites** will be teaching us Quilt Coloring. Did you know that you could color your quilts? Learn techniques for using colored pencils to make beautiful, washable quilts. Allow your inner child to rediscover the joy of effortless creating. The Program Committee has selected Sunflowers as the project. A way of shepherding Springtime.

Covid-19 restrictions have demanded that we alter this workshop to a Zoom format. Your kit for this project will contain preprinted image on fabric, a special box of colored pencils, and printed sheet of instructions. Later if you want, you can add liquid medium to your quilt. Instructions will be included. Postal restrictions will not allow us to mail any liquid.



How do I get my kit? First, you need to register for the class using the form on the Westside Quilters webpage. Timing is everything.

**Sign up by February 19<sup>th</sup>.** That will give us time to pick up kits and either mail or deliver them to you. Pick up at my house will also be available.

I hope you realize that your Program Committee signs instructors up 2 years in advance, as we did with Laretta. This sounded like a fun day.

### **Laretta Crites**

Laretta Crites is an award-winning quilter with a rich textile history. "When we are busy doing what we love, who cares what everyone else is doing?"

"Did you know you can color your quilts? Of all the supplies available for art quilts by far my favorite and the easiest to use is pencil colors. More precise than crayons, easier to control and blend than inks and paints. Add that they are inexpensive and with the application of "magic elixir" permanent on fabric, what's not to love! Come have the fun of reacquainting yourself with the joys of simple coloring. If you have learned to "color INSIDE the lines" you already have all the skills you need to launch right in and start creating!"



**Sew-In Saturday, February 20<sup>th</sup>** at 10am – 1pm All members will be sent the link to participate in this informal 'sew-in'. Sew from the comfort of your own home, without hauling any sewing supplies. Join us and see what everyone is working on.



## **A note from Programs.....**

Had you even heard of Zoom 12 months ago? I certainly hadn't! Thanks goodness so many WSQ accepted the seriousness of this worldwide pandemic early on and were willing to go virtual for our meetings and workshops. The Programs Co-Chairs scrambled to line-up teachers, both for lectures and workshops, prepared to work in this virtual format. We also scrambled to get up to speed on this new format ourselves.

It is likely to be many months before it will be safe to gather again. We are scheduling workshops and lectures in the virtual format through October.

There has been some confusion about paying for lectures. We had heard that members were enjoying the lectures and we've scheduled some lectures on a day when WSQ would normally have had a workshop. When the lecture is on a 'workshop' day, there will be a charge for the workshop. As always, lectures that are part of our quarterly General Meetings are free.

You can register and pay, via the website, for both lectures and workshops. It will be important to register and pay prior to the Register BY Date associated with the lecture or workshop. We need a time to get everything processed properly, so no paying at the door in this Virtual World.

We will continue to offer monthly Saturday Sew-ins and Happy Hours. This is just another way to stay connected and feel a little less lonely during these days of Stay at Home.

Del Walker, Programs Co-Chair



## **Final Fabric Giveaway #5 and more**

If your New Year's Resolution is to make more charity quilts. We have fabric for you to assist you in your philanthropy efforts.

**Friday, February 19, 2021**

**11:00 A.M. – 12:30 P.M.**

The last 10 boxes will be available.

Bring your own masks and bags.  
Social distancing will be maintained.

This is quality fabric, and washes up beautifully.

Hope you can make it. The price is right, it's free!  
Take it or Leave it Table always has surprises

Pat Karasick, 11837 North Park Ave., Los Angeles, CA 90066  
213-494-7586 cell



## Leadership.....

### Community

How do you define “community”? One definition involves a physical location, a description of one’s place in the world: one’s neighborhood, school or town. However, the term “community” today tends to involve something more: one’s identity. This understanding of community describes what we mean when we say we belong to the “quilting community.” Rather than defined by physical space, this second understanding refers more to shared interests. As one article I read recently put it, “Community is where you keep showing up.”

During the last 10 months, I have struggled with a sense of lost community. No longer able to “show up” in the usual sense of the term, I joined the rest of the world in pivoting to “showing up” virtually. I am amazed at how technology has allowed us to maintain our sense of community in so many ways while we all practice social distancing and being safer at home.

But I, for one, am missing the human contact that community implies. The article I read went on to talk about people “finding community via a glowing screen in a room they never leave.” I long to “leave the room,” to find community once again in person and not in little boxes on a screen.

I am sure we will continue to utilize technology for various classes and lectures well after this pandemic is over. But my hope for 2021 is that at some point in the coming year the quilting community can meet again in person. I am looking forward to showing up and seeing all of you.

Stay safe, and happy quilting!

Barbara Marom-Pollack  
Vice President



Jean Donelan,  
Debbie Nussbaum,

February 3  
February 7



## Membership.....

Here we are in 2021 still at home but hopefully being able to join in the Zoom Sew-ins, Happy Hours, General Meetings and learning new things from our speakers.

For those of you who have been following *The Quilt Show* we've had some fun projects with Alex Anderson and now we are doing a Block of the Month - *Color My World* by Wendy Williams and being demonstrated on the show by Barbara Black. If you are a Star member on the show you can still join in as we are only going into our 2nd month and all the information is on their website.

If you know someone you think might be interested in participating with our group you might want to let them know they can Zoom with us and attend a General Meeting for a small charge and/or join our guild and be involved in all of our activities from the comfort of their home.

Luann Jaffe  
Membership Chairperson

## Treasurer

Karynn Dittmar, Treasurer

<b>OPENING BALANCE AS OF 6/1/20</b>		<b>6816.25</b>
<b>INCOME</b>		
Membership Dues / Donations	4452.00	
Workshop Fees	1310.00	
Bank Adjustment	0.00	
Guest Fees	0.00	
Fabric Sale Fundraiser	0.00	
Amazon	98.79	
<b>TOTAL INCOME</b>		<b>5860.79</b>
<b>EXPENSES</b>		
Workshop Expense	1986.00	
General Meeting Expense	1487.48	
Charitable Contributions	200.00	
Administrative Expenses	34.30	
Membership Expenses	1914.00	
SCCQG Insurance	280.75	
Website	225.25	
PO Box Rental	168.00	
Philanthropy / Ed. Expense	498.41	
Printing / Promotion / Admin.	0.00	
PayPal fees	2.67	
Square Up Fees	43.52	
Government Fees	20.00	
<b>TOTAL EXPENSE</b>		<b>6860.38</b>
<b>NET INCOME</b>		<b>-999.59</b>
<b>CLOSING BALANCE as of 1/27/21</b>		<b>5816.66</b>



## Website and Social Media:

Some screenshots from our Sew-In featuring a presentation with Carrie Zizza have been added to the WQ website at [www.WestsideQuiltersLosangeles.org](http://www.WestsideQuiltersLosangeles.org).

Please remember to send photos of your latest finished work to be featured on the WQ FB and Instagram pages. We'd also like to see more of your "First quilts" for the WQ Weekly Update!

Sally Wright  
Website and Social Media Manager.



## Easy Money for WQ:

**amazon** smile

<https://smile.amazon.com/ch/27-3145733>

Support Westside Quilters when you shop on Amazon by clicking on this link. Please make sure you are logged into your smile account. Amazon Smile is a free program and you'll find the same low prices, vast selection and convenient shipping options as Amazon.com and Amazon will make a donation to Westside Quilters

If you have any problems, please contact Karynn Dittmar, Treasurer.





## Philanthropy.....

Hello Quilters!

Thank you for your continued efforts in making philanthropy quilts! Here's a few more photos of happy quilt recipients from our last batch of donated quilts to keep you motivated. They were very happy and grateful to receive them!



We are happy to report that we gave Upward Bound a batch of over 20 quilts in late January.



Virginia dropped off 23 quilts to Upward Bound on January 28<sup>th</sup>, colorful SUV trunk!

We are also in the process of identifying other charitable organizations, especially ones serving children, so please let us know if you have any leads. We have 80/20 batting and some fabric available, so please contact us if you have a need.

Take care and stay safe,

Philanthropy Committee Co-chairs

Nancy Kawahara - [nancykawahara1@gmail.com](mailto:nancykawahara1@gmail.com), 310.871.6363 (cell)

Lisa Drew - [ldrew007@aol.com](mailto:ldrew007@aol.com), 310.902.5821 (cell)

Virginia Marshall - [vcmarshall@verizon.net](mailto:vcmarshall@verizon.net), 310-699-7063 (home)



## ***Calls for Entry February 2021***

As we have learned recently most shows and exhibits this Fall and Winter have either been cancelled, postponed or have gone virtual. The virtual version of QuiltCon has announced its finalists for February. But international Quilt Festival is planning an in person show in Fall 2021 and their calls are below. However, before sending off your entry to any show, double check to make sure that the event is actually taking place. There are a few deadlines coming up soon and some listed below to get ready for next Spring and Fall. Hopefully as 2021 progresses there will be more opportunities. Watch this space!

For some great information from a veteran on how to get your work shown see this blog entry from Sue Bleiweiss <https://suebleiweiss.blog/2018/06/14/getting-your-work-out-there/>

I also recommend this blog post from Lyric Kinard on how to choose venues to display your work - <https://lyrickinard.com/2019/05/showing-your-work-choosing-venues/> In fact, there is a whole series of blog posts on getting your work out there that is well worth your time.

Here are some suggestions for quilt entry photography from International Quilt Festival.

### **PHOTOGRAPHING YOUR QUILT FOR SUBMISSION**

Continuing our notifications for ways to display your quilts and textile pieces to a wider audience... Entering shows is not difficult, but to begin here are a few guidelines:

- Always make sure you read everything in the call including the calendar, requirements, rules, etc. Especially the rules! Will save headaches and disappointment later on.
- Keep a record on your entries so you won't be caught with a quilt needing to go two places at once. Having to remove a quilt from a show or exhibit because you misread the exhibition dates is a no-no. Ask me how I know...
- Having a great photo of your quilt - straight on, in focus, not on a bed or held up showing hands and feet, super important. There is lots of great info on quilt photography on line. Google!
- Don't be intimidated or depressed by a rejection! There are lots of different reasons why a quilt doesn't fit into a specific show. It is usually not because your quilt is bad!

The calls below are just a sample of the many opportunities out there. For more search "Fiber Art Calls for Entry" or "Quilt Calls for Entry"

### **International Quilt Festival Houston has announced their Call for Entries:**

Find all these calls on line at <https://www.quilts.com/enter-your-quilt/>

### **Hands All Around**

Artists from all around the world incorporate influences from their own cultures into the design and technique of their quilts. This prestigious, long-running international showcase will include recent quilts by international artists who create works inspired by such.

- Limit two (2) entries per person.
- Each work must measure a minimum of 36" on each side.
- The quilt can be NO LONGER than 96" ON A SIDE.
- There is a \$20 submission fee per quilt.
- The works must be made between 2017 and 2021.
- *Entry Deadline May 21, 2021*

## **In Full Bloom**

Just as quilters create beautiful pieces of art with fabric, florists and gardeners cultivate works of beauty from the soil. The International Quilt Festival will showcase floral quilts from across the spectrum in color and splendor in the special exhibit. This exhibit will premiere at the International Quilt Market and Festival/Houston, October 28 thru 31 – 2021. We would also like to retain quilts for a possible exhibit at International Quilt Festivals in 2022.

- Limit two (2) entries per person.
- Each work must measure a minimum of 36” on each side.
- The quilt can be NO LONGER than 96” ON A SIDE.
- There is a \$20 submission fee per quilt.
- The works must be made between 2017 and 2021.
- *Entry Deadline May 21, 2021*

## **In The American Tradition**

Contemporary quiltmakers often look to the art form’s rich tradition for inspiration in their own works. This exhibit features recently-made quilts that incorporate traditional blocks, styles, and/or techniques.

- Limit three (3) entries per person.
- Each work must measure a minimum of 36” on each side.
- The quilt can be NO LONGER than 96” ON A SIDE.
- There is a \$20 submission fee per quilt.
- There is no made by date.
- *Entry Deadline May 21, 2021*

## **Landscape Quilts**

From valleys and volcanoes, and mountains to monuments, landscapes often inspire artists, including many in the quilt world. We invite you to submit your recently made landscape quilts to be featured in this exhibit.

- Limit two (2) entries per person.
- Each work must measure a minimum of 36” on each side.
- The quilt can be NO LONGER than 96” ON A SIDE.
- There is a \$20 submission fee per quilt.
- *Entry Deadline May 7, 2021*

## **Tactile Architecture**

Buildings have a long history of inspiring the creative designs of quiltmakers. In the 19th century, American quilters developed classic architectural patterns such as Log Cabin, Schoolhouse, and Brick Wall. This annual juried exhibit challenges quiltmakers to create works based on architectural themes and inspirations.

- Limit two (2) entries per person.
- Each work must measure a minimum of 36” on each side.
- The quilt can be NO LONGER than 96” ON A SIDE.
- There is a \$20 submission fee per quilt.
- The works must be made between 2017 and 2021.
- *Entry Deadline May 7, 2021*

## **Other entries coming up:**

**Sacred Threads 2021** has announced that the 2021 exhibit will be postponed until July of 2022. The Call for Entry for 2022 will open in the Fall of 2021.



## A Better World: envisioning the future (IQF Houston, TX)

Entry Deadline Spring 2021

The world is changing on every level, and as we navigate these challenging times, we will have important decisions to make about what our post-corona world will look like. Can we work for cleaner air and water, less carbon dioxide, and cleaner energy supplies? Can we help the millions of people worldwide who do not have enough to eat, or adequate shelter? Can we work for racial and gender equality, and living wages? Can we help those with mental health issues, disease and disabilities? Can we wage peace instead of war? Think about the changes you would like to see in the world, and start planning a piece to enter. We can't wait to see what you create!

Susan Brubaker Knapp and Lyric Kinard are curating this show now postponed to Quilt Festival Houston 2021. This change should give you lots of time to work on a piece to enter next spring. And with everything that is happening right now in the world because of the corona virus, what better time to "envision the future"?

Questions? Contact Sally Wright at [sally@sallywrightquilts.com](mailto:sally@sallywrightquilts.com)





## A NEIGHBORLY GUILD CALENDAR

February 2021	
February 3 Santa Monica Quilt Guild <a href="http://www.santamonicaquiltguild.org">www.santamonicaquiltguild.org</a>	<u>Sujata Shah</u> Virtual Meeting
February 6 <b>Westside Quilters</b> <a href="http://www.WestsideQuiltersLosAngeles.org">www.WestsideQuiltersLosAngeles.org</a>	<b>Meg Cox</b> Lecture: Behind the Scenes at the World's Greatest Quilt Museum
February 8 LA Modern Quilt Guild <a href="http://www.LAMQG.org">www.LAMQG.org</a>	<u>Meeting</u>
February 8 San Fernando Valley Quilt Guild <a href="http://www.sfvqg.net">www.sfvqg.net</a>	Pam Holland Lecture: My Life Journals In Textiles
February 10 Glendale Quilt Guild <a href="http://www.glendalequiltguild.org">www.glendalequiltguild.org</a>	<u>Lloyd Askew</u> The History of Sewing Machines
February 16 South Bay Quilters Guild <a href="http://www.southbayquiltersguild.org">www.southbayquiltersguild.org</a>	<u>Ann Shaw</u> Visualizing Quilts
February 21 African American Quilters of Los Angeles <a href="http://www.easysite.com/aaqla">www.easysite.com/aaqla</a>	<u>Meeting</u> – third Sunday of the month
February ??? Simi Valley Quilt Guild <a href="http://www.simivalleyquiltguild.org">www.simivalleyquiltguild.org</a>	Rachael Daisy
<b>March 2021</b>	
March 3 Santa Monica Quilt Guild <a href="http://www.santamonicaquiltguild.org">www.santamonicaquiltguild.org</a>	<u>Pat Belyea</u> Alluring World of Japanese Yukata Quilts
March 6 <b>Westside Quilters</b> <a href="http://www.WestsideQuiltersLosAngeles.org">www.WestsideQuiltersLosAngeles.org</a>	<b>Lauretta Crites</b> Workshop: Quilt Coloring Fun
March 8 LA Modern Quilt Guild <a href="http://www.LAMQG.org">www.LAMQG.org</a>	<u>Meeting</u> -
March 10 Glendale Quilt Guild <a href="http://www.glendalequiltguild.org">www.glendalequiltguild.org</a>	<u>Natalya Khorover</u> Lecture “Alternative Stitching” Workshop: Plastic Nature
March 16 South Bay Quilters Guild <a href="http://www.southbayquiltersguild.org">www.southbayquiltersguild.org</a>	<u>Sue Glass</u> Quilt Show Wind Up
March 20 African American Quilters of Los Angeles <a href="http://www.easysite.com/aaqla">www.easysite.com/aaqla</a>	<u>Meeting</u> – third Sunday of the month
March ??? Simi Valley Quilt Guild <a href="http://www.simivalleyquiltguild.org">www.simivalleyquiltguild.org</a>	<u>???</u>



# ***At Home and Surfing the Internet***

*(temporarily replacing OUT AND ABOUT)*

**South Bay Quilters Virtual Quilt Show** February 13<sup>th</sup> & 14<sup>th</sup> <http://southbayquiltersguild.org/2021-quilt-show.html>

**Textile Talks** on YouTube are inspiring if you haven't watched any yet  
<https://www.youtube.com/playlist?list=PLXsBpWjk3xVCTzucHkrU3ly5NILa7mW3f>

**Global Quilt Connection** presents a new "[meet the teachers](#)" webinar series showcasing teachers offering open enrollment to individuals in a variety of virtual workshop formats. Each teacher will present a glimpse of the virtual workshops they offer and their class formats to give you a sense of what you can learn and create with them. <http://globalquiltconnection.com/studentmainpage>

Webinar 3: February 9, 2021 4:00 - 5:30 p.m. eastern

Webinar 4: February 11, 2021 4:00 - 5:30 p.m. eastern

**See the Speaker Calendar of the Southern California Council of Quilt Guilds for additional events.** Go to [www.sccqg.org](http://www.sccqg.org) scroll down to the bottom of the homepage and click on the box "Speakers" and see other SCCQG guilds and speakers into 2020



## ***WQ Member Articles and News:***

### **WHO ARE YOUR MONSTERS?**

*By Betsy (Janet) Barker  
Interactive Media Development  
Quilt Artist*

The art teacher leaned too far over my desk and erased the pencil outline of the desk that I had attempted. She drew the desk in perspective view as she had asked me to do and said, "That's how it's supposed to be drawn". She turned her back on me and walked away. I felt small and stupid that day in 8<sup>th</sup> grade, and I've never drawn since.

Have you had an experience that has blocked your creativity? Unfortunately, it's all too common. Even messages from childhood long ago can still be crippling as an adult. So, will we continue to be bound by the fears of the past or will we break out and choose to open our hearts to creativity?

What techniques have you seen but been afraid to try? Paper piecing looked much too complicated for me, even after watching lots of videos online. I had to take several classes to learn how to do the flip and sew method. Even for a new quilt today, I still have to make a couple of practice blocks to learn how to sew from the back side. But I have the completed quilts to prove that I've mastered this skill.

I rejoined Craftsy for the quilting videos and found out that there were drawing classes included in my membership. Now it's time for me to face this monster fear and add drawing to my box of tools for quilting.

<https://mariabrophy.com/business-of-art/creating-art-despite-crippling-fear-failure.html>  
<https://mariabrophy.com/business-of-art/creating-art-despite-crippling-fear-failure.html>  
<https://adelesypesteynstudio.com/blog/2018/5/21/how-to-overcome-the-fear-of-creating-art>



## Featured WQ Member:

**Sally Wright** member since 2010

*When did you start quilting? Why?*

Around 1997 I would watch HGTV while I got dressed in the morning to go to work. The show that came on at 8:30 was Simply Quilts with Alex Anderson. The more I watched, the more I felt ashamed that although I owned a sewing machine and had always been a crafter - knitter- embroiderer, etc., I had never made a quilt. Alex made it seem doable... so I went out and bought a few books and started a quilt for our 7 year old son's bed.

*What types do you make?*

I think of myself as primarily an art quilter, but sometimes and especially now with the pandemic I lose my creative mojo and just like to sew following a pattern.

*How often do you quilt? What time of day?*

I try to do something every day, maybe just an hour at a time. Mostly during the day. Too tired after a glass of wine dinner!

*Why did you join Westside Quilters?*

Well, actually I am one of the founders of WQ. Back in 2009 Tina Nord and I started ruminating on starting another guild - one that was more focused on education and personal development without the burden of producing a quilt show. In 2010 we had our first organizational meeting.

*Who are your favorite teachers and lecturers?*

My landmark teachers - those who really shaped my work - Diane Gaudynski (free motion quilting), Susan Carlson and Lenore Crawford (taking a photo and interpreting it in fabric), Susan Brubaker Knapp for textile painting and Becky McClure from Sewing Arts who taught my first quilting class. For a lecturer I love Jane Dunnewold's approach to creativity and her lessons on quilt design concepts and surface design.

*What are your favorite workshops or conventions in the past?*

I love heading out to Ontario for a few days at Road to California and have really enjoyed two visits to Quilt Festival in Houston, but most of all those magical weeks of inspiration and natural beauty at Empty Spools Seminars at Asilomar.

*Where does your inspiration come from?*

From the natural world - a lot from our garden - and my varied interests. My art quilt subjects have been influenced by the decorative arts, archaeology, cooking, travel...

*Tell us your favorite quilt story about receiving or giving a quilt*

Can't think of one... but my favorite quilt story in general:

It's the first day of a five day class at Asilomar with teacher Melissa Sobotka (remember that fabulous Best of Show quilt of hers at Road a few years ago! The one with the amazingly realistic Turkish textiles?) I am in total awe of her. She is doing her introductory slide show and showing quilts illustrating various points and puts one up illustrating a good use of color. It looks familiar, but I'm tired having driven up to Monterey that day and it doesn't register. Roberta turns to me, nudges and says "That's yours!". Melissa was embarrassed because she had been using it in her lectures uncredited, I was terrifically flattered and Roberta just laughed at the coincidence.



**Quiltercandy.com/fabric-book-marks**

Video tutorial available on this site: <https://quilterscandy.com/fabric-book-marks/>

Shared by Pat Karasick

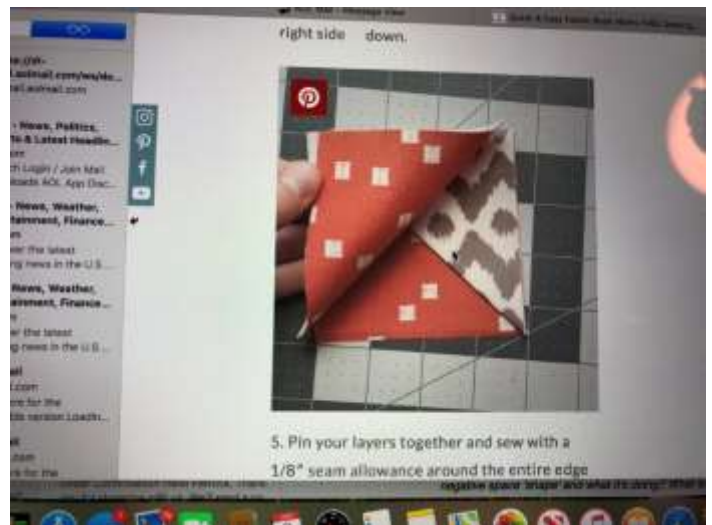
I thought this would be a cute Valentine's addition to a card.

You will need

- 3- (4" x 4") squares of fabric, they can match or be complimentary.
- 2- (4"x 4") squares of interfacing, fusible or glue it on

1. Cut one square of interfacing in half, diagonally
2. Apply interfacing to the wrong side of the fabric triangle
3. Iron the square so that you have a fabric sandwich with the interfacing in the middle
4. Iron interfacing to the wrong side of the fabric you have chosen to be the back of the marker
5. Layer your fabric pieces, see photo
6. Bottom layer: interfaced fabric right side up, triangle in the middle, open corner facing top, interfaced square – right side down.
7. Pin, leaving opening on side with only two fabrics
8. Sew  $\frac{1}{4}$ " seam. Trim corners, turn, poke out corners, topstitch

Thank you,  
Quilters Candy.



## Editor's Note:

Zoom, zoom, zoom! Zoom, the link to the world during a pandemic. Since November, I've been sharing Thursday afternoons via Zoom with my identical triplet grandnieces. They live in Quincy, California which is a 9 ½ hour drive from LA, so even during non-pandemic times I don't get to visit very often. The girls are now 7 years old (how time flies); they love making crafts and so do I.

We are exploring what you can make with a sheet of paper. We are mostly measuring, folding and cutting paper with remarkable patience on both sides of the zoom screens. Think how well WQ quilting classes go with teachers who have multiple cameras, well, all I have is my iPad in front of me and all they have is their iPad in front of them. I have a greater appreciation for what elementary school teachers are going through with remote learning. I can't see what the girls are doing unless they lift the object up off the table and put it in front of the screen.



So far, we have made some snazzy New Year's hats, Thanksgiving pilgrim hats, two types of pop-up cards and lacy snowflakes. We were set to make Scandinavian hearts this week but it had to be postponed. It had been snowing in Quincy all day and the powder in the meadow was beautiful and cross-country skiing conditions were ideal. So, off they went with their Mom, my wonderful niece.

Stay Safe and Healthy.....  
Happy Stitching,

Debbie Nussbaum  
Newsletter Editor





## Westside Quilters Executive Board Meeting, January 3, 2021

**President:** Marianne opened the Board meeting at 12:05.

**Vice President:** Barbara said that the Southern California Council of Quilt Guilds next meeting is scheduled for January 9, the same day as our annual Sew-In. She will send Board members the meeting notes she receives.

**Treasurer:** Karen reported that she arranged for members to use Zelle or PayPal as an additional way to pay for workshops. WQ also donated \$200 to the Westside Food Bank.

**Newsletter:** Articles for the February newsletter are due on January 27.

**Philanthropy:** Nancy told the Board that WQ donated 40 quilts to A Child's Dream for their drive-through pickup in December. The Philanthropy committee received over 100 quilts in 2020 from our members. 85 were donated with some put aside for the donation to Upward Bound in the Spring. And more are expected from WQ members. Nancy also said that we have a new roll of batting to use on quilts.

**Programs:** Pat reported that the Programming Committee has been busy lining up classes and lectures for 2021.

February 5 - Lilo Bowman: Lecture, "Adapting for Change".

February 6 Quarterly meeting - Meg Cox: "Behind the Scenes at the World's Greatest Quilt Museum".

March 6 - Workshop with Laretta Crites: "Quilt Coloring Fun".

April 3 - Slow Stitching day

April 30 - Lecture by Hollis Chatelain covering the influence of Africa on her quilts.

May 1 Quarterly meeting - Presentation by Trudy Cleveland on how to photo shoot quilts.

Monthly sew-ins and Happy Hours will also continue.

**Website:** Sally will update the Programs page with all the upcoming programs. New payment methods will be added to the website too.

**New Business:** The next Board meeting will be on February 13 at 10:00.

Meeting adjourned as 1:15.

Respectively submitted,

Terrie Dorio, Secretary



